

ADULT SURVEY

a SECTION A: INTRODUCTION & LIFETIME SMOKING HISTORY

aaa1. Last January people in Massachusetts voted to increase the tax on cigarettes by 25 cents a pack. The Massachusetts Department of Public Health is using some of that money to do research on smoking. As part of that, we are interviewing a large sample of smokers and nonsmokers about their health and their feelings about smoking and tobacco. All answers are confidential. Your help is voluntary, but it is very important. You can skip any questions you'd like. Although the exact length will depend somewhat on your answers, the interview should take less than 30 minutes.

Do you have any questions before we begin?

AA2. I would like to begin by verifying some general information about you.

I have your age recorded as _____. Is that correct?

YES 1 [SKIP TO aa5]

NO 2

NA 9

aa3. What is your age please?

YEARS OLD [SKIP TO aa5]
[IF 12-17 GO TO YOUTH QUESTIONNAIRE]

NA 9

aa4. Are you between the ages of:

1-11 YEARS 0 [EXIT INTERVIEW]

12-17 YEARS 1 [YOUTH QUESTIONNAIRE]

18-24 YEARS 2

25-44 YEARS 3

45-64 YEARS 4

65 or older 5

NA 9

aa5. [IF NOT OBVIOUS] Are you male or female?

MALE 1

FEMALE 2

NA 9

aa6. Do you now smoke cigarettes every day, some days or not at all?

EVERY DAY 1

SOME DAYS 2

NOT AT ALL 3

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

aa7. Have you smoked at least 100 cigarettes in your lifetime?

- YES 1
NO 2
NA 9

INTERVIEWER CHECK

IF aa6=1 AND aa7=1; SKIP TO ab1
IF aa6=1 AND aa7=2; SKIP TO ad3
IF aa6=2 AND aa7=9; SKIP TO ab1
IF aa6=2 AND aa7=1; SKIP TO ab1
IF aa6=2 AND aa7=2; SKIP TO ad3
IF aa6=3 AND aa7=9; SKIP TO ab1
IF aa6=3 AND aa7=1; SKIP TO aa7a
IF aa6=3 AND aa7=2; SKIP TO ad3
IF aa6=3 AND aa7=9; SKIP TO aa7a

aa7a. Did you quit smoking cigarettes during the past five years?

- YES 1 "RECENT EX-SMOKER"
[SKIP TO ac1]
NO 2 "REMOTE EX-SMOKER"
[SKIP TO ad1]
NA 9 [SEE INTERVIEWER
CHECK]

INTERVIEWER CHECK:

IF aa6=3 AND aa7=1 AND AA7a=9 ==> SKIP TO ac1
IF aa6=3 AND aa7=9 AND AA7a99 ==> SKIP TO ad3

b

SECTION B: CURRENT SMOKING STATUS

CURRENT DAILY SMOKERS AND OCCASIONAL SMOKERS

ab1. How old were you when you first began to smoke cigarettes on a regular basis?

- YEARS OLD _____
DON'T KNOW 97
NA 99

aba2. Since the time that you started smoking cigarettes regularly, have there been any long periods of at least a year during which you didn't smoke at all?

- YES 1
NO 2
NA 9
- } (SKIP TO INTERVIEWER
CHECK)

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

aba3. Since you started smoking regularly, what is the total number of years in which you didn't smoke at all?

YEARS _____
NONE 0 (SKIP TO INTERVIEWER CHECK)
DON'T KNOW 97
NA 99

aba4. (IF FEMALE) Did you stop smoking because you were pregnant during any of those years?

YES 1
NO 2
NA 9

INTERVIEWER CHECK:

IF A CURRENT DAILY SMOKER ==> SKIP TO ab9
IF CURRENT OCCASIONAL SMOKER ==> CONTINUE

aba5. Did you smoke any cigarettes during the past 30 days?

YES 1
NO 2
NA 9 [SKIP TO ab10]

aba6. On how many of the past 30 days did you smoke cigarettes?

NUMBER _____
NA 99

aba7. Have you ever smoked daily for 6 months or more?

YES 1
NO 2 } [SKIP TO ab9]
NA 9 }

ab8a. How long has it been since you smoked on a daily basis?

a. NUMBER _____
b. UNIT _____
DAYS 1
WEEKS 2
MONTHS 3
YEARS 4
NA 99

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ab9. During the past 30 days, (on the days that you did smoke,) about how many cigarettes did you usually smoke per day?

NUMBER _____

NA 99

ab10. (On the days that you smoke) How soon after you awake in the morning do you usually smoke your first cigarette?

WITHIN THE FIRST 30 MINUTES .. . 1

31-60 MINUTES 2

LONGER THAN WITHIN
THE FIRST HOUR 3

NA 9

ab11. (On days that you smoke) Do you smoke

mainly when you are with other people .. 1

mainly when you are alone 2

or do you smoke as often by yourself
as with others? 3

NA 9

ab12. Do you usually buy cigarettes by the pack or by the carton?

PACK 1

CARTON 2

NEVER BUY 3

NA 9

} [SKIP TO ab26]

ab13. How much do you usually pay for a (pack/carton) of cigarettes?

\$_____.

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ab16. What brand do you usually buy?

BENSON & HEDGES	1
CAMEL	2
CARLTON	3
GENERIC	4
KENT	5
KOOL	6
MARLBORO	7
MERIT	8
MORE	9
NEWPORT	10
PALL MALL	11
SALEM	12
VANTAGE	13
VIRGINIA SLIMS	14
WINSTON	15
ASPIRE	16
PYRAMID	17
MONTCLAIR	18
CAMBRIDGE	19
MALIBU	20
VICEROY	21
BUCKS	22
BEST BUY	23
RICHLAND	24
DON'T KNOW	97
OTHER (SPECIFY)_____ ..	98
NA	99

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ab17. (IF NOT SPECIFIED PREVIOUSLY) Are the words "light" or "ultra light" on the package of the brand you usually smoke?

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

ab18. Last January the price of cigarettes went up. Did you buy fewer cigarettes when the price went up?

- YES 1
- NO 2
- NA 9

ab19. Did you switch to a cheaper brand when the price increased?

- YES 1
- NO 2
- NA 9

ab20. Did you think seriously about quitting when the price increased?

- YES 1
- NO 2
- NA 9

ab21. Last May, cigarette companies reduced the price on some brands. Did you buy more cigarettes when the price went down?

- YES 1
- NO 2
- NA 9

ab22. Did you switch brands at that time?

- YES 1
- NO 2
- NA 9

ab23. Have you changed the brand of cigarettes that you usually buy in the past 12 months?

- YES 1
 - NO 2
 - NA 9
- } [GO TO ab26]

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ab24. The last time you switched, what brand did you switch from?

BENSON & HEDGES	1
CAMEL	2
CARLTON	3
GENERIC	4
KENT	5
KOOL	6
MARLBORO	7
MERIT	8
MORE	9
NEWPORT	10
PALL MALL	11
SALEM	12
VANTAGE	13
VIRGINIA SLIMS	14
WINSTON	15
ASPIRE	16
PYRAMID	17
MONTCLAIR	18
CAMBRIDGE	19
MALIBU	20
VICEROY	21
BUCKS	22
BEST BUY	23
RICHLAND	24
DON'T KNOW	97
OTHER (SPECIFY)_____	98
NA	99

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ab25. (IF NOT SPECIFIED PREVIOUSLY) Were the words "light" or "ultra light" on the package of the brand you usually smoked?

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

ab26. I'd like to find out where you are in your thinking about quitting smoking. Imagine a ladder with 10 rungs that represent various stages in thinking about quitting. If you have no thoughts of quitting, you wouldn't be on the ladder at all, we call that rung "zero". If you think that you need to quit some day in the distant future you would be on the first rung. If you are taking some action to quit right now, you are on the top rung -- number 10. What rung on the ladder would you say you are on -- from 0 to 10?

- RUNG NUMBER _____
- NA 99

ab27. Are you planning to quit smoking in the next 30 days?

- YES 1 [SKIP TO ac22]
- NO 2
- NA 9

ab28. Are you planning to quit smoking in the next six months?

- YES 1
 - NO 2
 - NA 9
- } ALL CURRENT SMOKERS)
[SKIP TO ac22]

c SECTION C: RECENT SMOKING HISTORY

**ALL RECENT EX-SMOKERS
(SMOKED WITHIN LAST 5 YEARS)**

ac1. In what year did you last smoke regularly?

_____ LAST 2 DIGITS OF THE YEAR

- NEVER SMOKED REGULARLY ... 0 [SKIP TO ac3]
- NA 99

ac2. How old were you when you first began to smoke cigarettes on a regular basis?

- YEARS OLD _____
- NA 99

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ac3. (IF AMBIGUOUS) Were you smoking at all around this time 12 months ago?

- | | | | | |
|------------------|---|--|---|---------------|
| YES | 1 | ["VERY RECENT EX-SMOKER" - LAST 12 MONTHS] | } | [SKIP TO ac9] |
| NO | 2 | | | |
| NA | 9 | | | |
| DON'T KNOW | 7 | | | |

ac4. Did you smoke every day or only some days at this time 12 months ago?

- | | | |
|------------------|---|---------------|
| EVERY DAY | 1 | [SKIP TO ac6] |
| SOME DAYS | 2 | |
| NA | 9 | |
| DON'T KNOW | 7 | |

ac5. About how many days of the month did you smoke?

- | | |
|--------------|-------|
| NUMBER | _____ |
| NA | 99 |

ac6. [On the days that you did smoke] How many cigarettes were you smoking per day at this time 12 months ago? [100 = 100 OR MORE CIGARETTES]

- | | |
|------------------|-------|
| CIGARETTES | _____ |
| NA | 999 |

ac7. During the past 12 months, how many times have you quit smoking intentionally for one day or longer?

- | | |
|-------------|-------|
| TIMES | _____ |
| NA | 999 |

ac8. Last January, cigarette prices increased 25 cents a pack. How much do you think the change in price of cigarettes affected your decision to quit smoking? Would you say ...

- | | |
|---------------------|---|
| a lot | 1 |
| some | 2 |
| only a little | 3 |
| not at all | 4 |
| NA | 9 |

ac9. In what year did you last smoke or have a puff on a cigarette?

- | | | |
|------------|-------|----------------|
| YEAR | _____ | |
| NA | 99 | [SKIP TO ac11] |

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ac10. [IF '92, '93 OR '94] What month was that?

MONTH _____

NA 99

ac11. Do you think that it is likely or unlikely that you will return to smoking in the next 12 months?

LIKELY 1 (SKIP TO ac12)

UNLIKELY 2 (SKIP TO ac13)

NA 9

ac12. Would you say that it is likely or extremely likely?

LIKELY 1

EXTREMELY LIKELY 2

NA 9

} [SKIP TO ac14]

ac13. Would you say that it is unlikely, or extremely unlikely?

UNLIKELY 1

EXTREMELY UNLIKELY 2

NA 9

ac14. Do you think that there is any possible situation in which you might start smoking again?

YES 1

NO 2

DON'T KNOW 7

NA 9

Now we want to talk to you about when you quit smoking (THE LAST TIME YOU QUIT AND SUCCEEDED).

ac15. Did you use a prescribed medication, like the Nicotine Patch or Nicotine Gum, to help you quit?

YES 1

NO 2

NA 9

} [SKIP TO ac17]

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

- ac16. (IF NOT REPORTED IN ac15) What was it?
- NICOTINE GUM 1
 - NICOTINE PATCH 2
 - SOMETHING ELSE? _____ 8
 - NA 9
- ac17. Did you get advice from a doctor, a counselor, or other professional?
- YES 1
 - NO 2
 - NA 9
- ac18. There are books, pamphlets and video tapes on how to quit smoking. Did you use any of those?
- YES 1
 - NO 2
 - NA 9
- ac19. (IF FEMALE) Were you pregnant at that time?
- YES 1 [SKIP TO ad3]
 - NO 2
 - NA 9
 - DON'T KNOW 7
- ac20. Did you gain weight when you stopped smoking?
- YES 1
 - NO 2
 - NA 9
 - DON'T KNOW 7
- ac21. How much weight did you gain?
- POUNDS GAINED _____ (ALL EX-SMOKERS)
 - NA 999 [SKIP TO ad3]
 - DON'T KNOW 997

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

[ALL CURRENT DAILY AND CURRENT OCCASIONAL SMOKERS START HERE]

ac22. In your whole life have you ever made a serious attempt to quit smoking?

- | | | | |
|-----------|---|---|---------------|
| YES | 1 | } | [SKIP TO ad3] |
| NO | 2 | | |
| NA | 9 | | |

Now we want to talk to you about the last time you tried to quit smoking.

to ac23. Did you use a prescribed medication, such as the Nicotine Patch or Nicotine Gum, help you in this quit attempt?

- | | | | |
|------------------|---|---|----------------|
| YES | 1 | } | [SKIP TO ac25] |
| NO | 2 | | |
| NA | 9 | } | |
| DON'T KNOW | 7 | | |

ac24. (What was it?)

- | | |
|-----------------------|---|
| NICOTINE GUM | 1 |
| NICOTINE PATCH | 2 |
| SOMETHING ELSE? | 3 |
| (SPECIFY) _____ | 8 |
| NA | 9 |

ac25. The last time you tried to quit, did you get advice from a doctor, a counselor, or other professional?

- | | |
|-----------|---|
| YES | 1 |
| NO | 2 |
| NA | 9 |

ac26. There are books, pamphlets and video tapes on how to quit smoking. Did you use any of those this last time you tried to quit smoking?

- | | |
|-----------|---|
| YES | 1 |
| NO | 2 |
| NA | 9 |

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ac27. During the past 12 months did you quit smoking intentionally for one day or longer?

- YES 1
NO 2
NA 9
- } [SKIP TO ad3]

ac28. When was the month and year of your most recent attempt to quit smoking that lasted for one day or longer?

- MONTH _____
YEAR <93><94>
DON'T KNOW 97
NA 99

ac30. How long did you actually stay off cigarettes during that quit attempt?

- NUMBER _____
UNIT _____
1 DAYS
2 WEEK
3 MONTHS
4 YEARS
NA 9

ac31. Omitted

ac32. (IF FEMALE) Were you pregnant at that time?

- YES 1 [SKIP TO ac37]
NO 2
DON'T KNOW 7
NA 9

ac33. Did you gain weight when you stopped smoking?

- YES 1
NO 2 [SKIP TO ac35]

ac34. How much weight did you gain?

- POUNDS GAINED _____
DON'T KNOW 997
NA 999

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ac35. After you returned to smoking, did your weight go down?

- YES 1
 - NO 2
 - DON'T KNOW 7
 - NA 9
- } [SKIP TO ac37]

ac36. How much weight did you lose?

- POUNDS LOST _____
- DON'T KNOW 997
- NA 999

ac37. Did you quit smoking intentionally for at least a day on any other occasion within the past 12 months?

- YES 1
 - NO 2
 - NA 9
 - DON'T KNOW 7
- } [SKIP TO ad3]

ac38. What is the total number of times that you quit smoking intentionally for at least 1 day during the last 12 months?

- TIMES _____
- NA 999

d	SECTION D: OTHER TOBACCO USE
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[FOR "REMOTE EX-SMOKERS"]

ad1. In what year did you last smoke regularly?

- NEVER SMOKED REGULARLY .. 0 [SKIP TO ad3]
- YEAR _____
- NA 99

ad2. How old were you when you first began to smoke cigarettes on a regular basis?

- YEARS OLD _____
- NA 99
- DON'T KNOW 97

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

[FOR EVERYONE]

In addition to cigarettes, some people use tobacco in other forms.

ad3. Have you ever tried using smokeless tobacco, like chewing tobacco, dip, or snuff?

YES	1	}	[SKIP TO ad7]
NO	2		
NA	9		

ad4. Have you used chewing tobacco, dip, or snuff at least 20 times in your entire life?

YES	1	}	[SKIP TO ad7]
NO	2		
NA	9		

ad5. How many days in the last 30 days have you used chewing tobacco, dip, or snuff?

_____ # (NO DAYS, SKIP TO ad7)

NONE	0	[SKIP TO ad7]
NA	99	

ad6. Have you made a serious attempt to quit using chewing tobacco, dip, and/or snuff in the last year?

YES	1
NO	2
NA	9

ad7. Do you now smoke a pipe, cigar or cigarillos, every day, some days, or not at all?

EVERY DAY	1
SOME DAYS	2
NOT AT ALL	3
NA	9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

e SECTION E: SMOKING RESTRICTIONS AND EXPOSURE

THE QUESTIONS IN SECTION E ARE ASKED OF ALL RESPONDENTS IN THE ADULT INTERVIEW.

ae1. How many of your friends are smokers? Would you say...

- none 1
- a few 2
- less than half 3
- about half 4
- most 5
- NA 9

ae2. How many of your friends are bothered by tobacco smoke? Would you say ...

- none 1
- a few 2
- less than half 3
- about half 4
- most 5
- NA 9

ae3. (Even though you are a smoker) How bothered are you when you are exposed to other people's tobacco smoke? Would you say ...

- a lot 1
- some 2
- only a little 3
- not at all 4
- NA 9

Next, I have some questions about employment and exposure to tobacco smoke at home and at work.

ae4. Some households have rules about when and where people may smoke. When you have visitors who smoke, are they allowed to smoke inside your home?

- YES 1
- NO 2
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ae5. (IF THERE ARE SMOKERS IN THE HOUSEHOLD) Do smokers in your household smoke inside your home?

- YES 1
 - NO 2
 - NO SMOKERS IN HOUSEHOLD .. 3
 - NA 9
- } [SKIP TO ae6]

ae5a. Do they smoke only in certain rooms or wherever they want?

- ONLY IN CERTAIN ROOMS 1
- WHEREVER THEY WANT 2
- NA 9

ae6. Are you currently working at a job for pay?

- YES 1
 - NO 2
 - NA 9
- } [SKIP TO ae21]

ae6a. Are you self-employed or do you work for someone else?

- SELF EMPLOYED 1
- WORK FOR SOMEONE ELSE 2
- NA 9

ae7. Is there a particular office or worksite outside of your home where you do most of your work?

- YES 1
- NO 2
- NA 9

ae8. Do you work primarily indoors or outdoors?

- INDOORS 1
- OUTDOORS 2
- BOTH 3
- NA 9

ae9. What kind of business or industry do you work in? (What does the company do or make?)

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ae10. What kind of work do you do?

ae11. How many hours per week, on average, do you work at your job?

- 35 OR MORE HOURS PER WEEK 1
- 20 TO 34 HOURS PER WEEK OR . 2
- LESS THAN 20 HOURS PER WEEK 3
- NA 9

IF ae7=1, CONTINUE, ELSE SKIP TO ae23

ae12. Do more than 50 people work for your employer?

- YES 1
- NO 2
- NA 9

AE13. In the past 12 months, has your employer offered any programs to help smokers quit smoking?

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

ae13. Is there an official policy at your worksite that restricts smoking in any way?

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

} [SKIP TO AE19]

ae14. I'm going to read you a list of typical policies. Please tell me which one is most like the policy at your workplace.

- Smoking is not allowed anywhere in the building 1
- Smoking is only allowed in a few designated smoking areas 2
- Smoking is allowed anywhere except a few "no smoking" areas 3
- DON'T KNOW 7
- OTHER [SPECIFY] 8
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ae15. Is smoking allowed outside the building on worksite property?

YES 1

NO 2

DON'T KNOW 7

NA 9

ae16. Has the smoking policy changed in the last 12 months?

YES 1

NO 2

DON'T KNOW 7

NA 9

INTERVIEWER CHECK:

CURRENT SMOKER OR RECENT QUITTER IN LAST 12 MONTHS
CONTINUE

ELSE, SKIP TO ae19

ae17. Because of the workplace smoking policy (do/did) you smoke less at work than you otherwise would?

YES 1

NO 2

NA 9

ae18. Because of the workplace smoking policy, (do/did) you smoke less per day than you otherwise would?

YES 1

NO 2

NA 9

AE19. On an average work day, about how many cigarettes (do/did) you smoke at work?

NONE 0

NUMBER _____

NA 99

INTERVIEWER CHECK:

IF ae7 = 1, CONTINUE, ELSE SKIP TO ae20

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ae19. During the past two weeks has anyone (including yourself) smoked in the area in which you work?

- YES 1
- NO 2
- DID NOT WORK IN PAST 2 WEEKS 3 [SKIP TO ae21]
- NA 9

ae20. The next series of questions is about your exposure to other people's tobacco smoke.

Thinking about the past 7 days when at work, about how many hours a week were you exposed to other people's tobacco smoke at work?

- NOT AT ALL 0
- 1 HOUR OR LESS 1
- HOURS _____
- DON'T KNOW 997
- NA 999

ae21. (ALL RESPONDENTS) Thinking about the past 7 days, about how many hours in the week were you exposed to other people's tobacco smoke at home?

- NOT AT ALL 0
- 1 HOUR OR LESS 1
- HOURS _____
- DON'T KNOW 997
- NA 999

EXP1. Are you often exposed to other people's tobacco smoke at any other place? (LIST UP TO THREE MENTIONS)

- EXP1 _____
- EXP2 _____
- EXP3 _____

ae22. During the past 7 days, (not including exposure at home and/or at work), how many hours were you exposed to other people's tobacco smoke?

- NOT AT ALL 0
- 1 HOUR OR LESS 1
- HOURS _____
- DON'T KNOW 997
- NA 999

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

f

SECTION F: HEALTH AND MEDICAL CARE

Now some questions about your health.

afG1. Would you say your health in general is -- excellent, very good, good, fair, or poor?

EXCELLENT 1
VERY GOOD 2
GOOD 3
FAIR 4
POOR 5
NA 9

afG2. If you were to rate your health on a scale from 0 to 10, where 0 is the worst your health could be and 10 was the best, what number would you give your health now?

NUMBER _____
NA 99

afG3. (IF FEMALE UNDER 45 YEARS OLD) This question may seem odd, but obviously it affects answers about your health. Are you pregnant now?

YES 1 [SKIP TO af4]
NO 2
DON'T KNOW 7
NA 9

af3a. Are you currently using birth control pills?

YES 1
NO 2
NA 9

afG4. About how much do you weigh without shoes (When you are not pregnant)?

LBS. _____
NA 999

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

afG5. (When you are not pregnant) Do you consider yourself to be overweight, underweight or just about right?

- OVERWEIGHT 1
- UNDERWEIGHT 2
- JUST ABOUT RIGHT 3
- NA 9



[SKIP TO af7a]

afG6. Would you say you are very overweight, somewhat overweight, or only a little overweight?

- VERY 1
- SOMEWHAT 2
- ONLY A LITTLE 3
- NA 9

af7a. About how tall are you without shoes?

AF7a. _____ ft. / m.

AF7b. _____ in. / cm.

af8. On a scale from 0 to 10, where 0 is not important at all, and 10 is extremely important, how important is it to you to be slim or thin?

NUMBER _____

NA 99

af9. Right now are you actively trying to lose weight?

YES 1

NO 2

NA 9

af10. In the past 30 days did you do any kind of exercise like brisk walking, jogging, or swimming long enough to work up a sweat, get your heart thumping or get out of breath?

YES 1

NO 2 [SKIP TO af12]

NA 9

af11. In the past 30 days, about how many times would you say you exercised at that level for at least 20 minutes?

TIMES _____

NA 99

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

af12. During the past 12 months, that is, since (MONTH) a year ago, how many days and nights were you a patient in a hospital because of illness or injury?

DAYS/NIGHTS _____

NA 999

af13. (Including days while an overnight patient in a hospital) During the past 12 months, that is, since (MONTH) a year ago, about how many days did illness or injury keep you in bed more than half of the day?

DAYS _____

NA 999

af14. During the past 12 months, about how many times did you see or talk to a medical doctor or assistant about your health? (Do not count doctors seen while an overnight patient in a hospital.)

TIMES _____

NA 999

af15. (IF af14=0) How many years has it been since you last saw or talked to a medical doctor or assistant about your health? (Include doctors seen while a patient in a hospital.)

_____ YEARS (ROUND UP FOR FRACTION OF YEARS)

NA 99

INTERVIEWER CHECK:

IF SAW A DOCTOR IN LAST 12 MONTHS (af14) AND IS A CURRENT SMOKER OR VERY RECENT EXSMOKER (LAST 12 MONTHS) -- CONTINUE.

ELSE SKIP TO af21

af16. In the last 12 months did a doctor discuss smoking with you at all?

YES 1

NO 2

NA 9

} [SKIP TO af21]

af17. In the last 12 months, did a doctor advise you to stop smoking?

YES 1

NO 2

NA 9

} [SKIP TO af21]

af18. In the last 12 months, did a doctor suggest that you set a specific date to quit smoking?

YES 1

NO 2

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

af19. In the last 12 months, has a doctor prescribed anything to help you quit smoking?

YES 1

NO 2

NA 9

af20. Did you try to quit when a doctor advised you to stop smoking?

YES 1

NO 2

NA 9

af21. In the past 12 months, did you visit a dentist's office for a routine examination or a dental problem?

YES 1

NO 2 [SKIP TO af27]

NA 9

INTERVIEWER CHECK:
CHECK DROP SHEET

IF RESPONDENT ANSWERED YES TO QUESTION F21 AND IS A
CURRENT SMOKER OR VERY RECENT EX-SMOKER(LAST 12 MONTHS)
-- CONTINUE.

ELSE -- SKIP TO af26

af22. In the last 12 months, did a dentist discuss smoking with you at all?

YES 1

NO 2 [SKIP TO af27]

NA 9

af23. In the last 12 months, did a dentist advise you to stop smoking?

YES 1

NO 2 [SKIP TO af27]

NA 9

af24. In the last 12 months, did a dentist suggest that you set a specific date to quit smoking?

YES 1

NO 2

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

af25. In the last 12 months, has a dentist prescribed anything to help you quit smoking?

YES 1

NO 2

NA 9

af26. Did you try to quit when a dentist advised you to stop smoking?

YES 1

NO 2

NA 9

(GENERAL HEALTH QUESTIONS: EVERYONE)

af2G7. We are also interested in health insurance people have. We do not want to include insurance that pays only for accidents, but we are interested in all other kinds: private insurance, like Blue Cross, Medicare, Medicaid from the State, or a health maintenance organization such as the Harvard Community Health Plan.

First, Medicaid is the state program that covers medical costs for people who have low incomes. Are your medical costs covered by the state's Medicaid program?

YES 1

NO 2 [SKIP TO af29]

NA 9

af28. Do you have a Medicaid card now?

YES 1

NO 2

DON'T KNOW 7

NA 9

af29. [Other than Medicaid] are you covered by any other kind of insurance or program that pays all or part of the costs if you are a patient in a hospital?

YES 1

NO 2 [IF af27=2, SKIP TO af31]

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

af30. What [is/are] the name of the plan(s) or program(s) under which you are covered?

- MEDICARE 1
- VA 2
- CHAMPUS 3
- PRIVATE INSURANCE 5
(i.e. BLUE CROSS, BLUE SHIELD;
TRAVELLERS; HANCOCK, MEDEX,
HMO'S (HCHP, PILGRIM)
- OTHER 8
(SPECIFY) _____
- NA 9

AF30. (SECOND PLAN WAS MENTIONED BY R IN PREVIOUS QUESTION) Is there any other plan that helps you pay for your medical costs?

- YES 1
 - NO 2
 - NA 9
- } [SKIP TO ag1a]

af2i (SECOND MENTION - NAME OF PLAN)

- MEDICARE 1
- VA 2
- CHAMPUS 3
- PRIVATE INSURANCE 5
(i.e. BLUE CROSS, BLUE SHIELD;
TRAVELLERS; HANCOCK, MEDEX,
HMO'S (HCHP, PILGRIM)
- OTHER 8
(SPECIFY) _____
- NA 9

[ALL SKIP TO ag1a]

af31. Does that mean you would have to pay all the costs yourself if you were a patient in the hospital?

- YES 1
- NO 2
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

INTERVIEWER CHECK:

IF af27 = 2 and af29 = 2, => SKIP TO af31

IF af27 = 1 and af29 = 1, => SKIP TO SECTION G

g

SECTION G: HEALTH RISK/SOCIAL INFLUENCE

THE QUESTIONS IN SECTION G ARE ASKED OF ALL RESPONDENTS IN THE ADULT INTERVIEW.

The next few questions are about some possible costs and benefits of cigarette smoking. I'd like you to tell me whether or not you believe each one of these is true for (the average smoker / you -- personally).

agg1. Do you believe that ...

a. Smoking makes (people/you) look more attractive.

YES 1

NO 2

NA 9

b. Smoking makes (people/you) smell bad

YES 1

NO 2

NA 9

c. Smoking makes (the/your) teeth yellow

YES 1

NO 2

NA 9

Do you believe that...

d. Smoking helps (people/you) control (their/your) weight.

YES 1

NO 2

NA 9

e. Smoking helps (the average smoker/you) concentrate.

YES 1

NO 2

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

f. Smoking low tar and nicotine cigarettes compared to regular cigarettes lowers (people's/the) risk of illness.

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

g. Smoking makes (the smoker/you) more likely to get lung cancer.

- YES 1
- NO 2
- NA 9

h. Smoking makes (the smoker/you) more likely to get heart disease.

- YES 1
- NO 2
- NA 9

Do you believe that ...

i. (The smoker's/Your) future health would improve if (the smoker/you) quit smoking now?

- YES 1
- NO 2
- NA 9

agg2. And how do you feel about the following statements?

Do you believe that ...

a. People in your family [are upset by your smoking/would be upset if you smoked]?

- YES 1
- NO 2
- NA 9

b. Smoking at parties helps (people/you) relax and have a good time?

- YES 1
- NO 2
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

c. Inhaling someone else's cigarette smoke can cause lung cancer in nonsmokers?

- YES 1
NO 2
DON'T KNOW 7
NA 9

Do you believe that ...

d. It harms the health of children to inhale someone else's cigarette smoke?

- YES 1
NO 2
DON'T KNOW 7
NA 9

agg3. Please answer yes or no to the following questions:

In the past 12 months have you asked a family member not to smoke?

- YES 1
NO 2
NA 9

agg4. In the past 12 months have you asked a friend not to smoke?

- YES 1
NO 2
NA 9

agg5. In the past 12 months have you asked a stranger not to smoke?

- YES 1
NO 2
NA 9

agg6. In the past 12 months, have you complained to someone in charge when a person was smoking where it wasn't permitted?

- YES 1
NO 2
NA 9

INTERVIEWER CHECK:

IF THE RESPONDENT IS A CURRENT SMOKER CONTINUE WITH QUESTION ag7.

OTHERWISE, SKIP TO ah1.

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

agg7. About how many times in the past 12 months has anyone asked you not to smoke when you were smoking or were about to smoke? Would you say ...

- Never 1
- Once or twice 2
- Several times, or 3
- Many times? 4
- NA 9

h SECTION H: SUPPORT FOR POLICIES

THE QUESTIONS IN SECTION H ARE ASKED OF ALL RESPONDENTS IN THE ADULT INTERVIEW.

The next questions are about allowing or not allowing smoking in various public places.

ah1. In restaurants, do you think smoking should be allowed throughout the restaurant, only in special smoking areas, or not at all?

- ALLOWED THROUGHOUT THE RESTAURANT 1
- ONLY IN SPECIAL SMOKING AREAS 2
- NOT AT ALL 3
- NA 9

ah2. How about public buildings? Do you think smoking should be allowed throughout the building, only in special smoking areas, or not at all?

- ALLOWED THROUGHOUT THE BUILDING 1
- ONLY IN SPECIAL SMOKING AREAS 2
- NOT AT ALL 3
- NA 9

AH3. How about indoor sporting events or concerts? Do you think smoking should be allowed throughout the building, only in special smoking areas, or not at all?

- ALLOWED THROUGHOUT THE BUILDING 1
- ONLY IN SPECIAL SMOKING AREAS 2
- NOT AT ALL 3
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ah3. How about outdoor sporting events or concerts? Do you think smoking should be allowed throughout the area, only in special smoking areas, or not at all?

ALLOWED THROUGHOUT
THE AREA 1

ONLY IN SPECIAL SMOKING
AREAS 2

NOT AT ALL 3

NA 9

ah4. Cigarette companies currently use many different methods to advertise or promote their product. I will describe a number of these. For each one, please tell me whether you think this method should be allowed or not allowed by law.

Should the distribution of free cigarettes on public streets be permitted?

YES 1

NO 2

NA 9

ah5. Should sponsorship of sporting or cultural events by tobacco companies be permitted?

YES 1

NO 2

NA 9

ah6. Should advertising of tobacco products through newspapers and magazines be permitted?

YES 1

NO 2

NA 9

ah7. Should coupons to obtain free samples of cigarettes by mail be permitted?

YES 1

NO 2

NA 9

ah8. Should advertising of tobacco products on outdoor billboards be permitted?

YES 1

NO 2

NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

- ah9. Should tobacco companies be permitted to offer products such as clothing or camping equipment in exchange for coupons on cigarette packs?
- YES 1
NO 2
NA 9
- ah10. Do you think the sale of cigarettes in vending machines should be allowed or not allowed?
- ALLOWED 1
NOT ALLOWED 2 [SKIP TO ah12]
NA 9
- AH10. Do you think cigarette vending machines should be restricted to places where only adults can use them?
- YES 1
NO 2
NA 9
- ah11. Massachusetts has a law that makes it illegal to sell cigarettes to anyone under 18. How many storekeepers do you think are careful about not selling cigarettes to people under 18? Would you say..
- all 1
most 2
some 3
a few 4
none at all 5
NA 9
- ah12. Would you support a policy that would make it possible to buy cigarettes only in places like pharmacies or drug stores?
- YES 1
NO 2
NA 9
- ah13. (no ah13.)
- ah14. As you know, the tax on cigarettes was increased by 25 cents last January. Some have proposed that taxes on cigarettes be raised higher. Would you favor or oppose any additional taxes on cigarettes if the money were to be used for programs to reduce cigarette smoking?
- FAVOR 1
OPPOSE 2
NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

ah15. Would you favor or oppose any additional taxes on cigarettes if the money were going to be used for other health programs, in addition to those aimed at reducing cigarette smoking?

- FAVOR 1
- OPPOSE 2
- NA 9

ah16. Would you favor or oppose any additional taxes on cigarettes if the money were to be used for any government purpose, not just health or smoking?

- FAVOR 1
- OPPOSE 2
- NA 9

INTERVIEWER CHECK:

IF RESPONDENT SAID, OPPOSE OR NA FOR ah14, and ah15, ah16, SKIP TO aj1

ah17. If the money were to be used for (BROADEST PURPOSE ENDORSED), how much additional tax per pack would you favor from 1 cent to 5 dollars or more? (PLEASE ENTER THE DOLLAR AMOUNT UP TO \$5, IF ANY)

- NONE 0
- 1 CENT TO \$5+ \$_____
- NA 9

j SECTION J: VERIFY RACE, ETHNICITY, EDUCATION

THE QUESTIONS IN SECTION J ARE ASKED OF ALL RESPONDENTS IN THE ADULT INTERVIEW.

TIME NOW: _____

(If R is informant, skip to aj3)

I need to ask just a few questions to verify the information I have on your background.

aj1. Are you of Portuguese origin?

- YES 1 [SKIP TO aj4]
- NO 2
- NA 9

aj2. Are you of Hispanic or Spanish origin?

- YES 1
 - NO 2
 - NA 9
- } [SKIP TO aj4]

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

- (If Hispanic, I know you told me you are Hispanic.), If not Hispanic and R is informant, skip to aj5).
- aj3. Do you consider yourself to be:
- Puerto Rican, 1
 - Dominican, 2
 - Cuban, 3
 - Mexican, 4
 - Salvadoran, 5
 - Guatamalan, 6
 - Nicaraguan, or 7
 - Something else? (SPECIFY)_____ . 8
 - NA 99
- (If R is informant, skip to aj5)
- aj4. (In addition to being Hispanic) Which of the following categories best describes your racial background? Are you:
- White, 1
 - Black, 2
 - Asian, or 3
Pacific Islander
 - American Indian 4
 - OTHER (SPECIFY)
_____ . 8
 - NA 9
- aj5. In what state or foreign country was your mother born?
- PUERTO RICO 1
 - (ONE OF 50) UNITED STATES . . . 2
 - OTHER (SPECIFY) 3
 - DON'T KNOW 7
 - NA 9
- aj6. In what state or foreign country was your father born?
- PUERTO RICO 1
 - (ONE OF 50) UNITED STATES . . . 2
 - OTHER (SPECIFY) 3
 - DON'T KNOW 7
 - NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

- aj7. (If R is informant, skip to aj8)
In what state or foreign country were you born?
- PUERTO RICO 1
- (ONE OF 50) UNITED STATES ... 2 [SKIP TO aj9]
- OTHER 3
- DON'T KNOW 7
- NA 9
- aj8. How old were you when you first came to live in the (United States/Mainland: IF
PUERTO RICO)?
- YEARS OLD |_|_|
- DON'T KNOW 7
- NA 9
- aj9. Do you consider English to be your native language?
- YES 1 [SKIP TO aj11]
- NO 2
- NA 9
- aj10. What language do you consider to be your native language?
- SPANISH 1
- CHINESE 2
- VIETNAMESE 3
- KHMER/CAMBODIAN 4
- PORTUGUESE 5
- CREOLE 6
- OTHER (SPECIFY) 8
- NA 9
- aj11. Do you consider yourself to be a fluent speaker of any other language?
- YES 1
- NO 2 [SKIP TO aj13]
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

aj12. What language?

- SPANISH 1
- CHINESE 2
- VIETNAMESE 3
- KHMER/CAMBODIAN 4
- PORTUGUESE 5
- CREOLE 6
- ENGLISH 7
- OTHER (SPECIFY) _____ 8
- NA 9

(If R is informant, skip to aj14)

aj13. What language do you usually speak at home?

- ENGLISH ONLY 1
- ENGLISH & OTHER LANGUAGE 2
- OTHER LANGUAGE ONLY 3
- NA 9

aj14. What is your current marital status?

- NEVER MARRIED 1
- MARRIED 2
- SEPARATED 3
- WIDOWED 4
- DIVORCED 5
- NA 9

[GO TO aj15]

aj15. Does your spouse smoke cigarettes?

- YES 1
- NO 2
- DON'T KNOW 7
- NA 9

MASSACHUSETTS TOBACCO SURVEY
ADULT BASELINE

aj16. In studies like this, households are sometimes grouped according to income. I'm going to read you some categories. Please stop me when I get to the one that best describes your total household income in 1993. That means income before taxes from all sources, such as salaries, interest, retirement or any other source for all household members.

- \$10,000 or less 1
- \$10,001- to \$20,000 2
- \$20,001 to \$30,000 3
- \$30,001 to \$50,000 4
- \$50,001 to \$75,000 5
- over \$75,000? 6
- DON'T KNOW 7
- NA 9

k SECTION K: FUTURE CONTACTS

NAME. We might want to call you again in the coming year concerning your opinions on smoking issues in Massachusetts. Could you give me your name and address so that I can find you in the future. (This information will be kept confidential and will be kept separate from the answers you've given me.)

NAME _____

STREET ADDRESS

CITY

STATE _____

ZIP _____

Is this information correct? [] YES [] NO

KNAM. In case you move, would you please give me the name and phone number of someone who does not live with you who would know your current telephone number? I will also need the town and state in which he/she lives.

NAME _____

STREET ADDRESS

CITY

STATE _____

ZIP _____

Is this information correct? [] YES [] NO

Thank you very much for your participation.